



# How to Make Seed Balls

Seed balls are a fun way to help Team Members learn about the importance of hands-on education, growing your own food and actions we can take to support a healthy pollinator population. You can share the finished seed ball packages with Team Members, shoppers, a local school or nonprofit organization like a community garden or urban farm. You might choose to disperse them in a green area near the store! If possible, put up a sign so others know you have a designated pollinator habitat.



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## MATERIALS

- Mixing Bowl
- Powdered Clay
- Soil / Compost
- Seeds
- Water
- Scoop(s)
- Measuring Cup
- Sheet pan or tray
- Paper Tubes
- Tissue or Newspaper Paper
- Glue Stick(s)
- Labels



## INSTRUCTIONS

1. Mix 1 cup of clay and one cup of soil in a bowl. Add two packets of seeds and stir.
2. Add water to the soil mixture starting with 1/2 cup. Add more until the consistency is that of a dry mud that will form a ball.
3. Scoop the mixture and roll into balls that will fit into paper tubes.
4. Place the balls on a sheet pan. Leave in a warm place to dry - usually overnight depending on climate.
5. Meanwhile, glue two pieces of tissue or paper to ONE end of the tubes. Leave the other end open so you can fill them when the seed balls are dry.
6. When seed balls are dry (let dry out overnight), fill tubes, glue tissue over the open end and affix label.

## TO PACKAGE DRIED SEED BALLS:

- A few weeks before the event, ask TMs to save their paper tubes at home. Put a box for them in the break room.
- Using tissue paper or recycled newspaper, cut 3-4" squares and glue two layers over one end of the paper tube. Let dry.
- Once seed balls are dry, repeat the process to seal them in the tube. Affix label.

## TIPS:

- Powdered Clay - many local clay or ceramic shops will offer powdered clay. Let them know you are making seed balls and they can recommend the appropriate mix. TheCeramicShop.com offers a 5lb package if you need to order online.
- Seeds - keep in mind that not all seeds are suitable for seed balls. Stick to flowers, especially wildflowers native to your area. The Wildlife Trust also recommends: Bulbous Buttercup, Chamomile, Knapweed, Red Clover and Wild Thyme.

Find more tips  
& resources



Whole Kids & Whole Cities Foundations are striving to nourish children and communities. Supporting both to grow their own food, is a powerful way to improve access to fresh vegetables that are so important to a healthy lifestyle. We know that when kids grow food, they are willing to try a long list of new veggies and fruit. And supporting a healthy pollinator population is key to having the most nutritious food because one in three bites of food we eat require pollination.

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