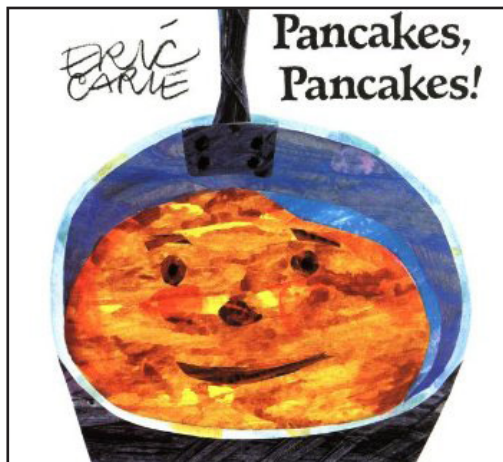


KIDS BOOK CLUB

READING TIPS AND ACTIVITIES

Jumpstart
Children first.

Reading with children can improve their language, literacy, and social-emotional skills, increasing their knowledge of the world around them. With the right book choices, reading can introduce children to healthy eating habits too!



PANCAKES, PANCAKES! by Eric Carle

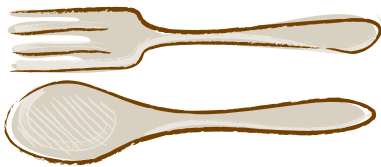
What It's All About

Jack would like to make a pancake for breakfast! His mother is busy and so Jack helps her to gather the ingredients... from the farm! Learn about grinding wheat into flour, churning milk into butter, and collecting eggs from the hen.

Discover a World of Words

Throughout the story introduce new vocabulary words using gestures, tone of voice, pointing to illustrations, or providing brief explanations. Examples include:

- *Crowed*: when a rooster cried “kee-ke-ri-kee”
- *Sickle*: a farming tool used for cutting grain
- *Squirted*: streamed out as a liquid



Dig into the Story

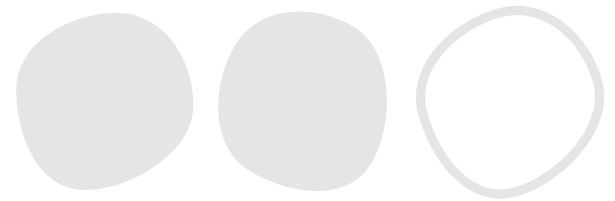
Develop children’s comprehension of the story by discussing higher-level information (e.g., link characters’ feelings to their actions and /or events in the story, predict what might happen, or summarize chunks of text). Use prompts throughout the story, such as:

- *Why didn't Jack go to the store for the pancake ingredients?*
- *Jack is so eager to make his pancake. He doesn't know all of the ingredients that he needs for the pancake so his mother has to tell him each ingredient one by one.*

Make Connections Beyond the Book

After reading the story, make connections to an aspect of the child’s real-life by asking your child what he or she would like for breakfast. Together can you think of how each of the ingredients would need to be collected if you lived on the farm with Jack.

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Some definitions taken from Biemiller, A. (2010). *Words worth teaching: Closing the vocabulary gap.*



Jumpstart

Jumpstart is a national early education organization working toward the day every child in America enters kindergarten prepared to succeed. Learn more at jstart.org.

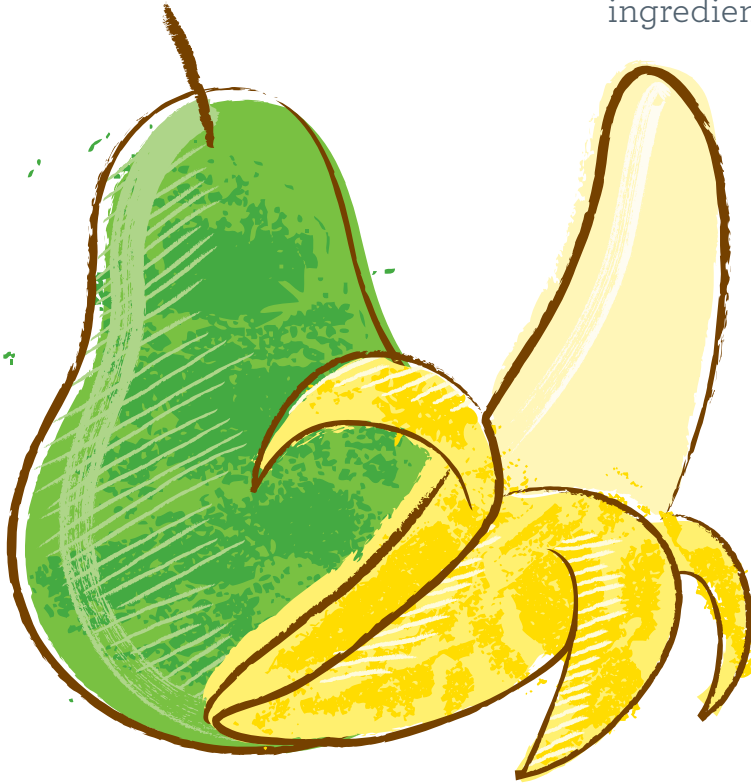


This guide was created in partnership with Whole Kids Foundation, a charitable organization that provides children with access to healthy food choices through partnerships with schools, educators and organizations. Learn more at WholeKidsFoundation.org.

Together Time Activity

POWER UP YOUR PANCAKES

Now that Jack has taught us all about where the basic ingredients for pancakes come from, explore some other interesting things people add to pancakes and find out where those ingredients originate.



Ingredient Suggestions

- sliced fresh fruit or dried fruit: berries, bananas, peaches, apricots, pears, apples, cranberries (more fresh than dried)
- nuts: slivered almonds, crushed cashews or peanuts, pecan or walnut pieces
- seeds: sunflower seeds, ground flaxseed, chia seeds
- coconut flakes
- finely shredded carrots
- finely chopped spinach
- sweet corn kernels
- shredded cheese
- orange or lemon zest
- spices: cinnamon, nutmeg, ginger (fresh or ground)

Be adventurous! Try unfamiliar combinations for interesting flavor and texture. Hopefully you'll discover a new family favorite.

Talking Points:

Talk about where each of these “power up” ingredients comes from: a tree, a shrub, a vine, an animal, etc. If you're not sure, look it up online or at the library.

After tasting a few new ingredients, ask your child: Which new ingredients are your favorites? Which are your least favorites? Which ones surprised you by how good they taste?

