



WHOLE KIDS FOUNDATION

Supporting Schools • Inspiring Families • Nourishing Kids

Snake-A-SNAKE!

RECYCLED Art Project **LEVEL: EASY**

What You'll Need:



Paper Towel Tube



15-20 Dried Beans



Cereal Box or piece of thin cardboard



Paint Brush



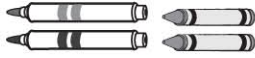
Paints



GLUE



Scissors



Markers or Crayons

Safety Tip: Please don't shake a real snake.



1 Unfold and flatten cereal box. Cut off a section of box.

2 Trace end of tube on cardboard and cut out 2 end caps.

3 Glue on one end cap.

4 Add dried beans to your tube,

5 Glue on the other end cap.

6 Draw a tail, tongue and 2 eyes on cardboard. Cut them out.

TAIL
EYES
TONGUE

7 Fold the end of tail. Glue tail on end.

8 Use paint, markers or crayons to decorate your snake.

9 Fold the end of tongue and glue on front. Glue an eye on both sides.

10 Draw some pupils and eyebrows on your eyes.

SHAKE A SNAKE! MAKE SOME NOISE!



Think About It!

- 1** Snakes are long and cylinder shaped. Can you think of veggies that look like snakes?
- 2** The food snakes eat depends on their environment. What foods grow in your community?
- 3** Try cooking your extra beans! What meal will you make with your nutritious beans? Check out this month's **Better Bites** at WholeKidsFoundation.org