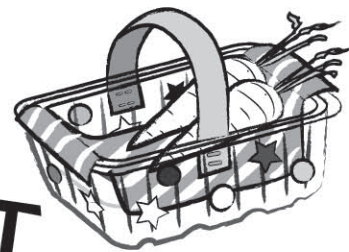




WHOLE KIDS FOUNDATION

Supporting Schools • Inspiring Families • Nourishing Kids

Make A HARVEST BASKET



RECYCLED Art Project

LEVEL: EASY

What You'll Need:



Empty Plastic Salad Container

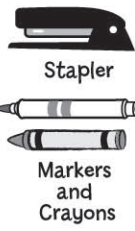


Cereal Box



Colored Paper

Scissors



Stapler

Markers and Crayons

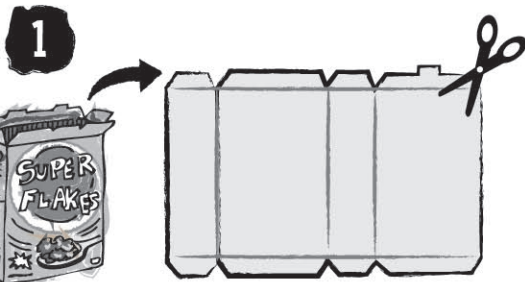


Tape

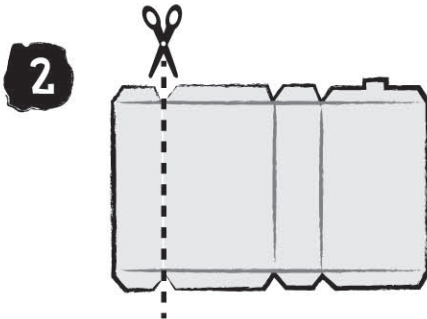
Napkin or scrap material



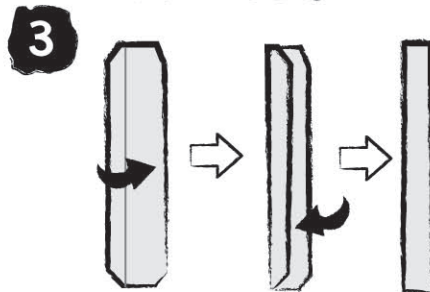
What will you put in your basket?



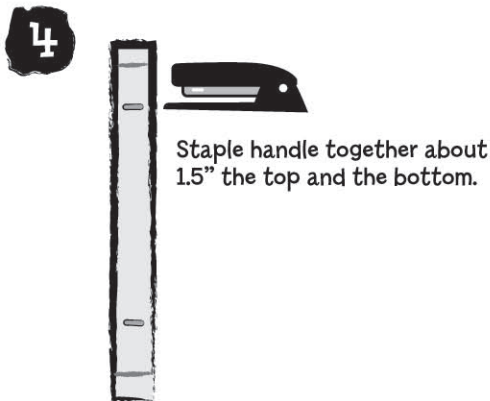
1 Unfold cereal box.



2 Cut off one of the rectangular side pieces.



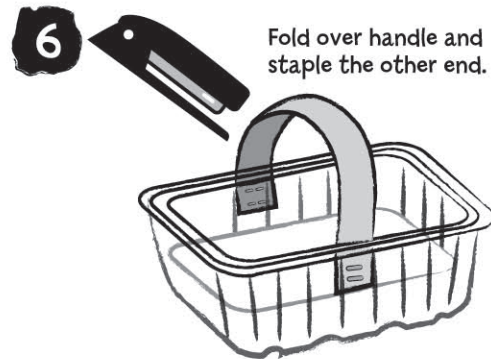
3 Fold over 1/3 of the piece. Then fold the other 1/3 to make a sturdy handle.



4 Staple handle together about 1.5" the top and the bottom.



5 Staple one end of handle INSIDE the greens container.



6 Fold over handle and staple the other end.



DECORATE YOUR BASKET.

Cut shapes from colored paper and tape or glue them on your basket. Add a colorful napkin or piece of material.



8 **FILL YOUR BASKET.** Take your basket on a garden adventure. Help collect vegetables and other good foods.



Think About It!

- 1 This basket can come in handy at the local farmer's market. Why is it a good idea to buy locally grown foods?
- 2 Using reusable containers when you shop helps save plastic bags from the trash. How many bags can your family keep from the trash each week by using reusable containers & shopping bags?
- 3 If you were taking your family on a picnic, what healthy foods would you tote in your basket?

