



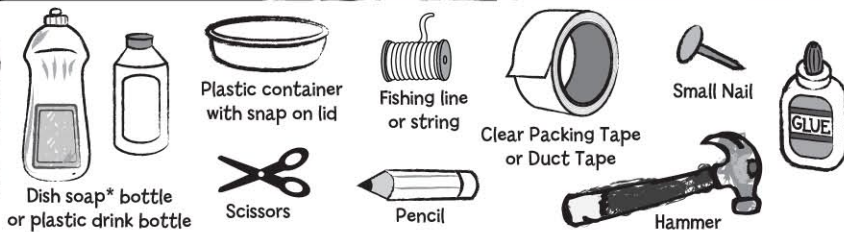
**WHOLE KIDS FOUNDATION**

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# HUMMINGBIRD FEEDER

RECYCLED Art Project

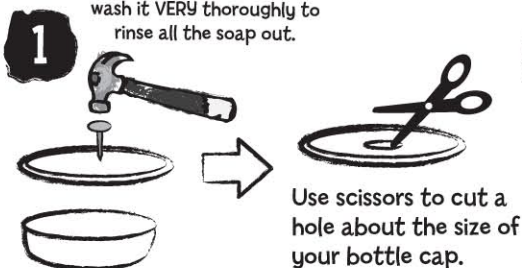
## What You'll Need:



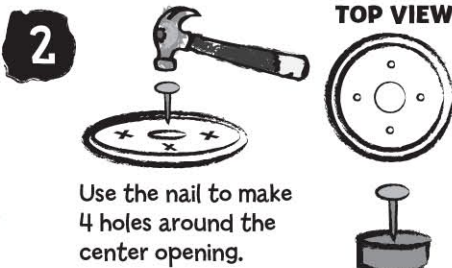
**YOU WILL NEED AN ADULT'S HELP FOR THIS PROJECT**



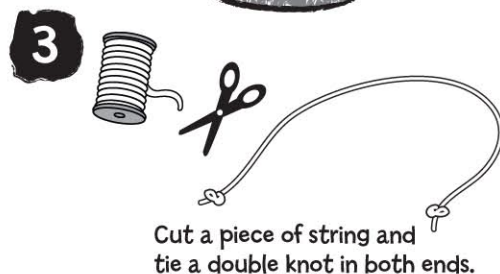
\* When using a soap bottle wash it VERY thoroughly to rinse all the soap out.



Use scissors to cut a hole about the size of your bottle cap.



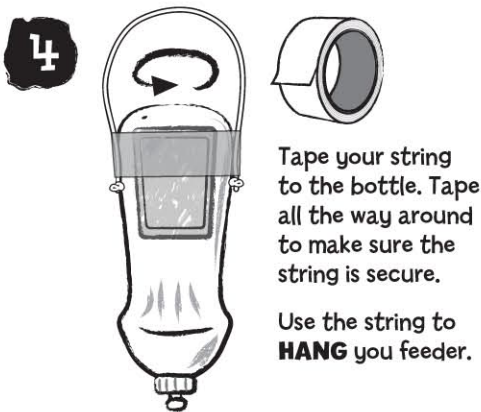
Use the nail to make 4 holes around the center opening.



Cut a piece of string and tie a double knot in both ends.

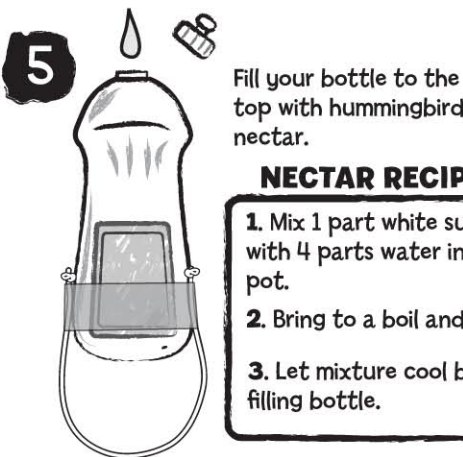
Have an adult use a nail to hammer a hole through the lid of container.

If you are using a drink bottle use the nail to make a hole in the cap.



Tape your string to the bottle. Tape all the way around to make sure the string is secure.

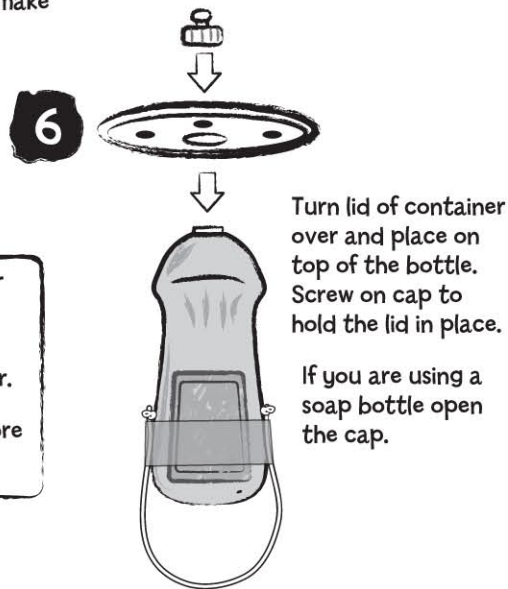
Use the string to **HANG** you feeder.



Fill your bottle to the top with hummingbird nectar.

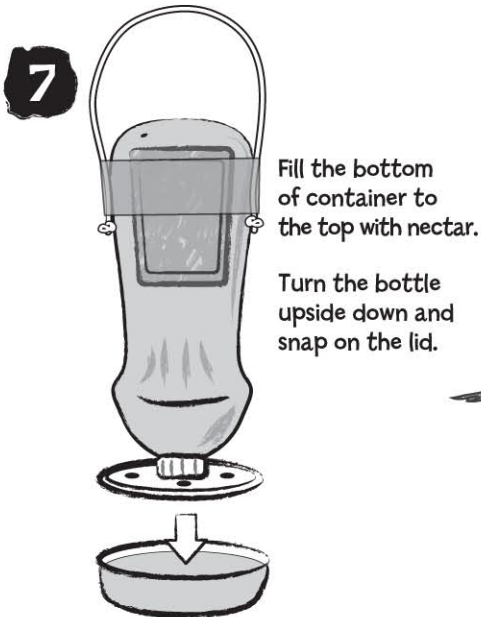
### NECTAR RECIPE:

1. Mix 1 part white sugar with 4 parts water in a pot.
2. Bring to a boil and stir.
3. Let mixture cool before filling bottle.



Turn lid of container over and place on top of the bottle. Screw on cap to hold the lid in place.

If you are using a soap bottle open the cap.



Fill the bottom of container to the top with nectar.

Turn the bottle upside down and snap on the lid.



Hummingbirds feed off flowers. Use a water-proof paint to paint red and yellow flower shapes around the holes in the lid.

You can also use felt or other materials to make flowers. Just don't cover the holes.

## Think About It!

- 1 The wings of a humming bird beat so quickly that they need to eat twice their bodyweight every day for energy. With your parents help, estimate how many pounds of food you eat every day.
- 2 Eating this much causes hummingbirds to visit hundreds of flowers every day. Think of the flower gardens in your town. Where can you go to possibly see some hummingbirds?



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